



JANUARY 2021

Two-Person Positioning

Maggie Walsh

Colleen Spiegelhoff



Goals of Two-Person Positioning

To put us in the best position to **make the calls** that allow us to keep the game **safe and fair.**

To work as a **TEAM** to **cover all areas** of the field efficiently and consistently.

Role of the Officials

Safe

Fair

Fun

Fluid!



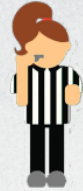
SCORER'S TABLE

Table Side Official

Should be the more experienced of the team

Will run the Coaches'/Captains' Meeting

Will discuss responsibilities with the Timer and Scorer

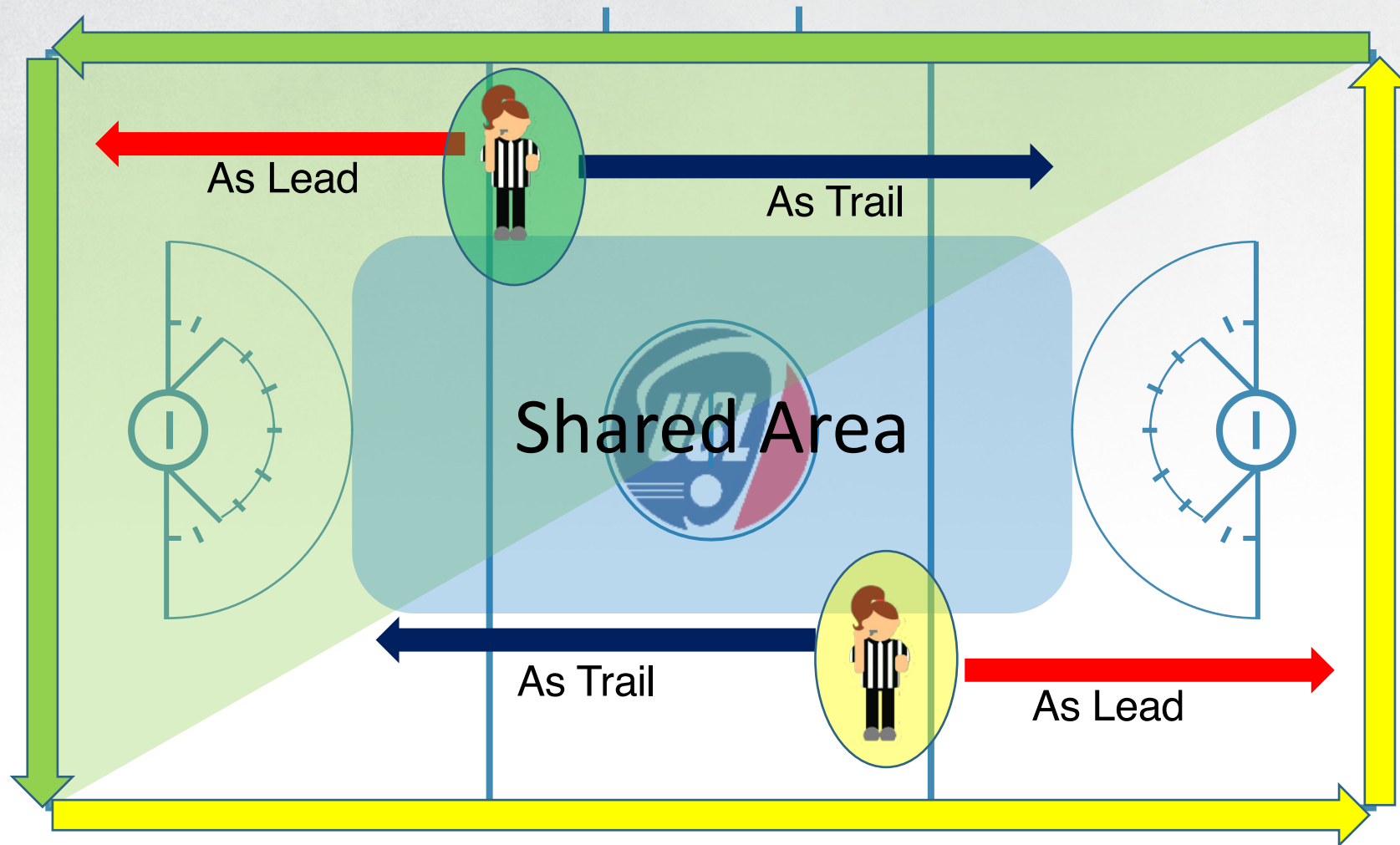


May be less experienced

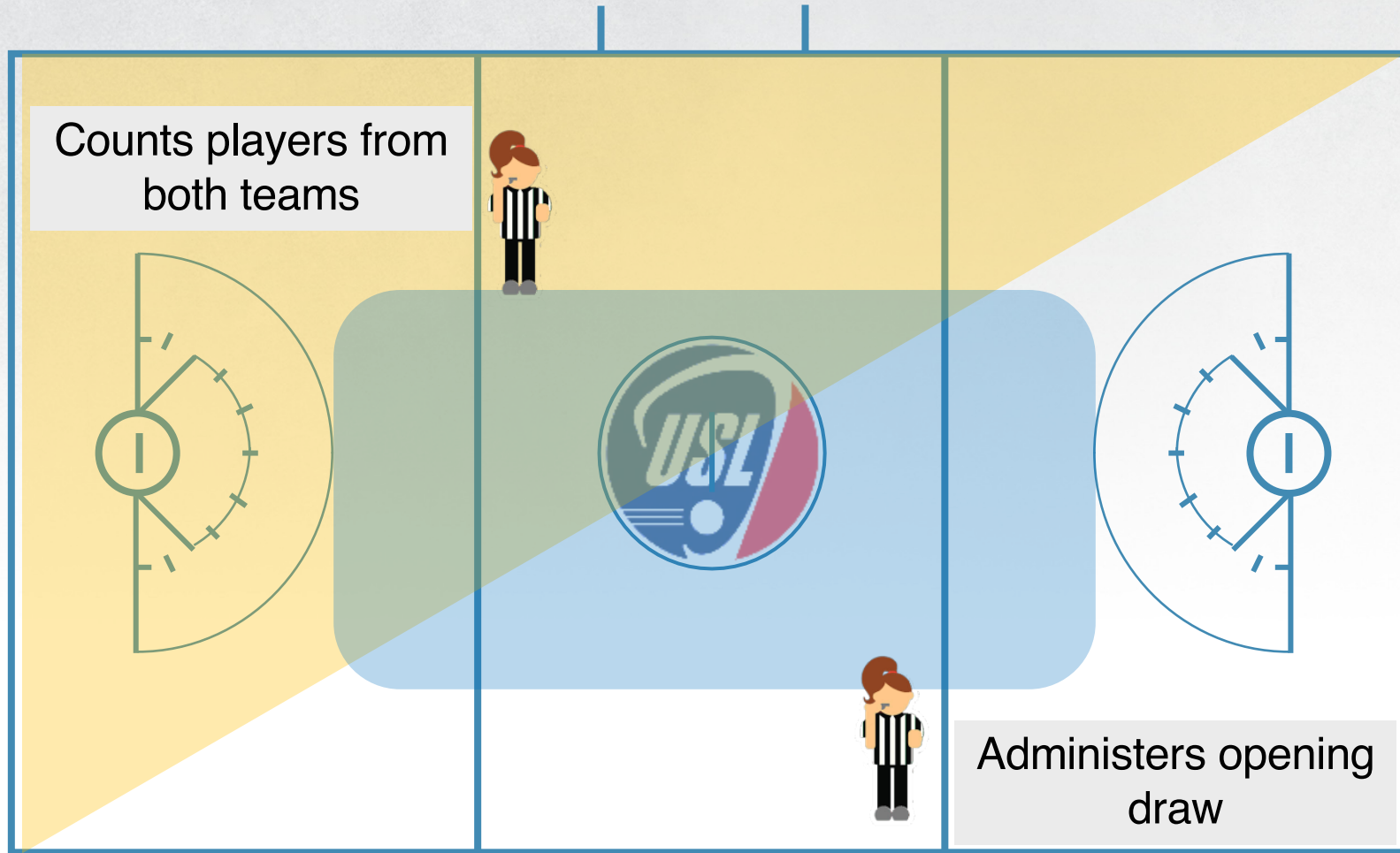
Will participate in all pre-game discussions and meetings

"Far Side" Official

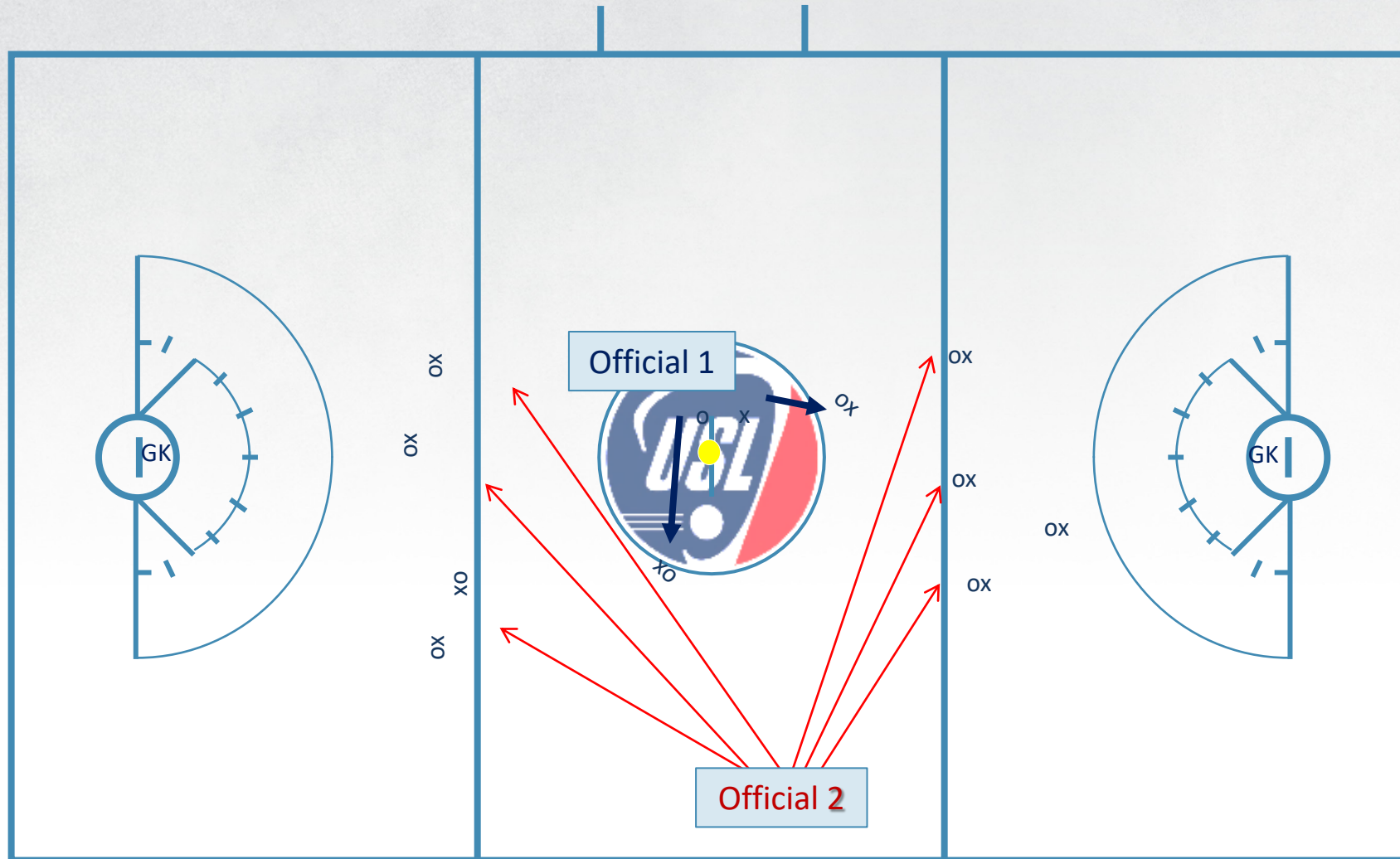
Areas of Responsibility



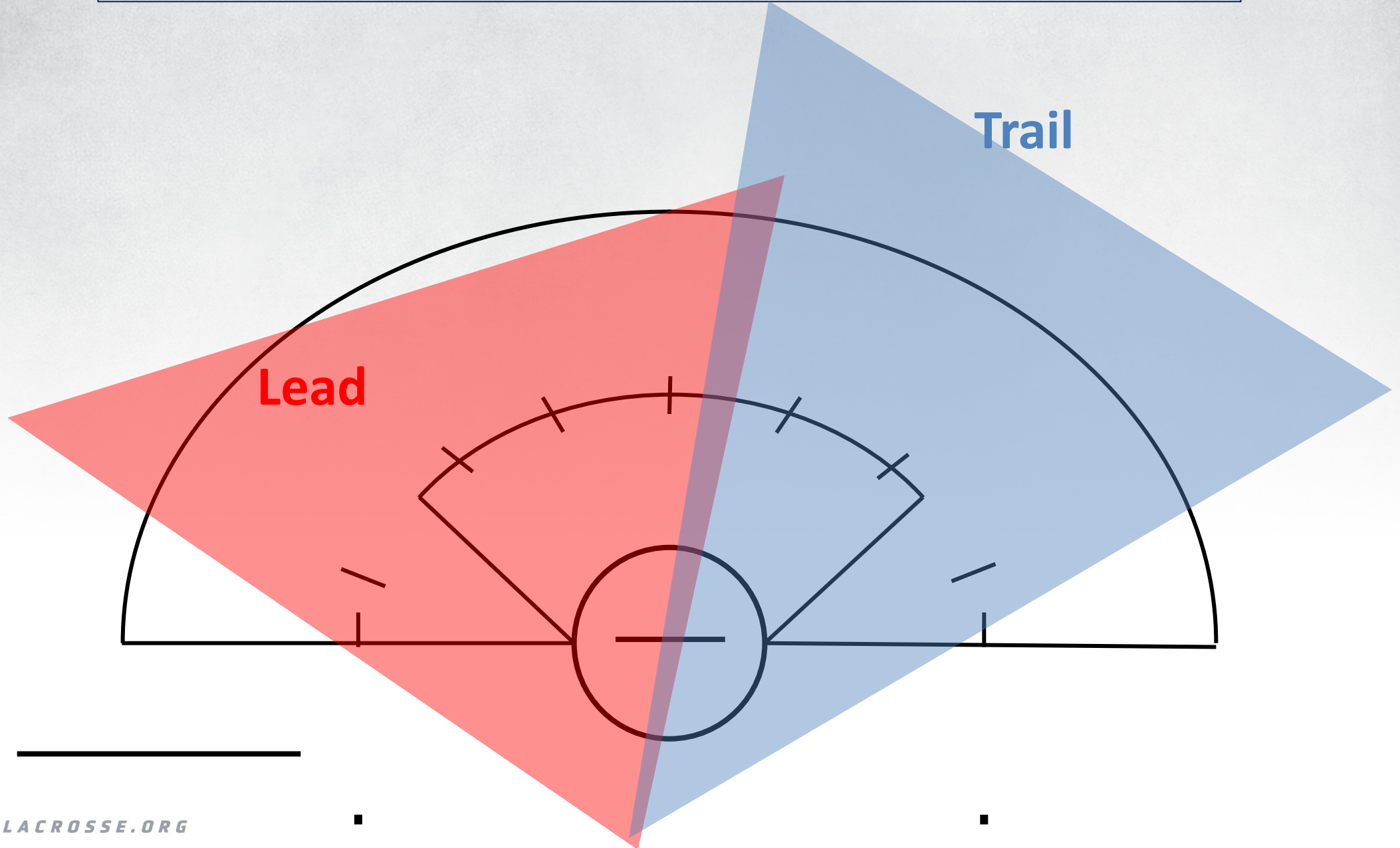
Areas of Responsibility – The Draw



Draw Responsibilities



CSA Responsibilities



CSA Responsibilities

Lead

- ✓ On-Ball Fouls
- ✓ Shooting Space on your side of the Arc
- ✓ Goal Circle Activity
- ✓ Endline and Sideline Boundaries
- ✓ Off Ball Fouls on your side of the Arc

Trail

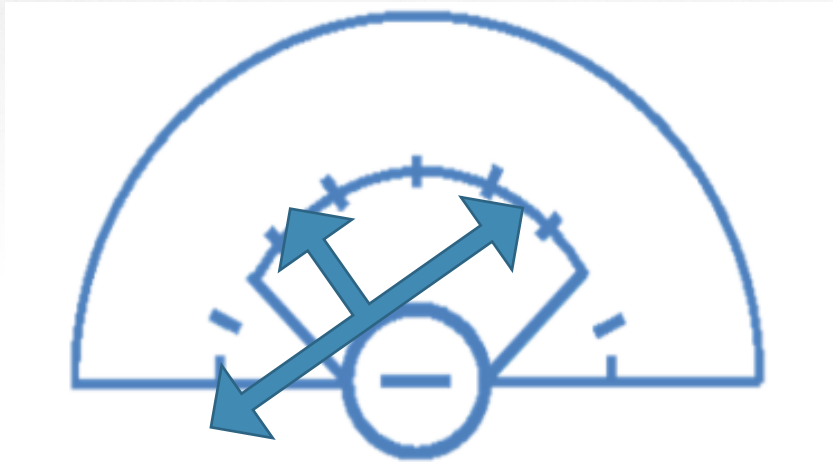
- ✓ Off-Ball Fouls
- ✓ Shooting Space on your side of the Arc
- ✓ Restraining Line Violations
- ✓ Dangerous Propelling/Dangerous Follow Through

Lead Positioning

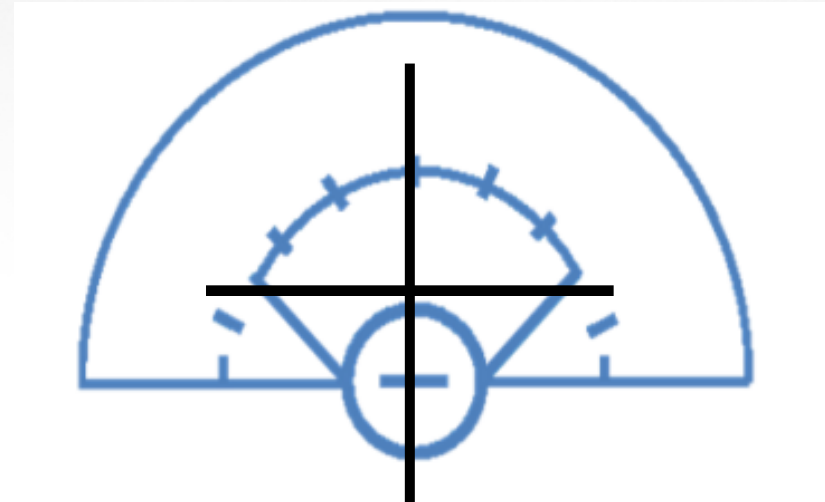
The Lead's purpose of movement is to see the ball and space between the ball carrier and her defenders

Two approaches to Lead Positioning:

TANGENT

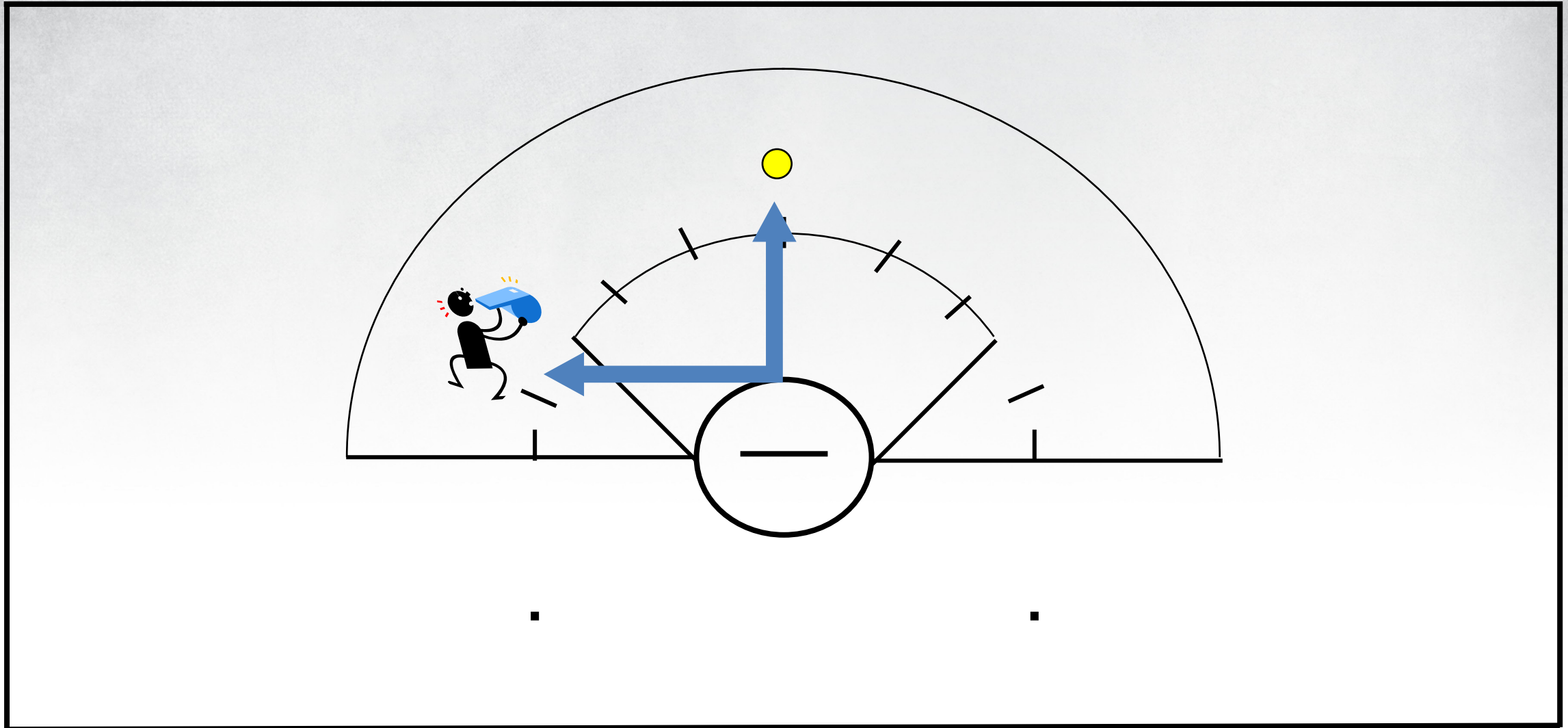


QUADRANTS

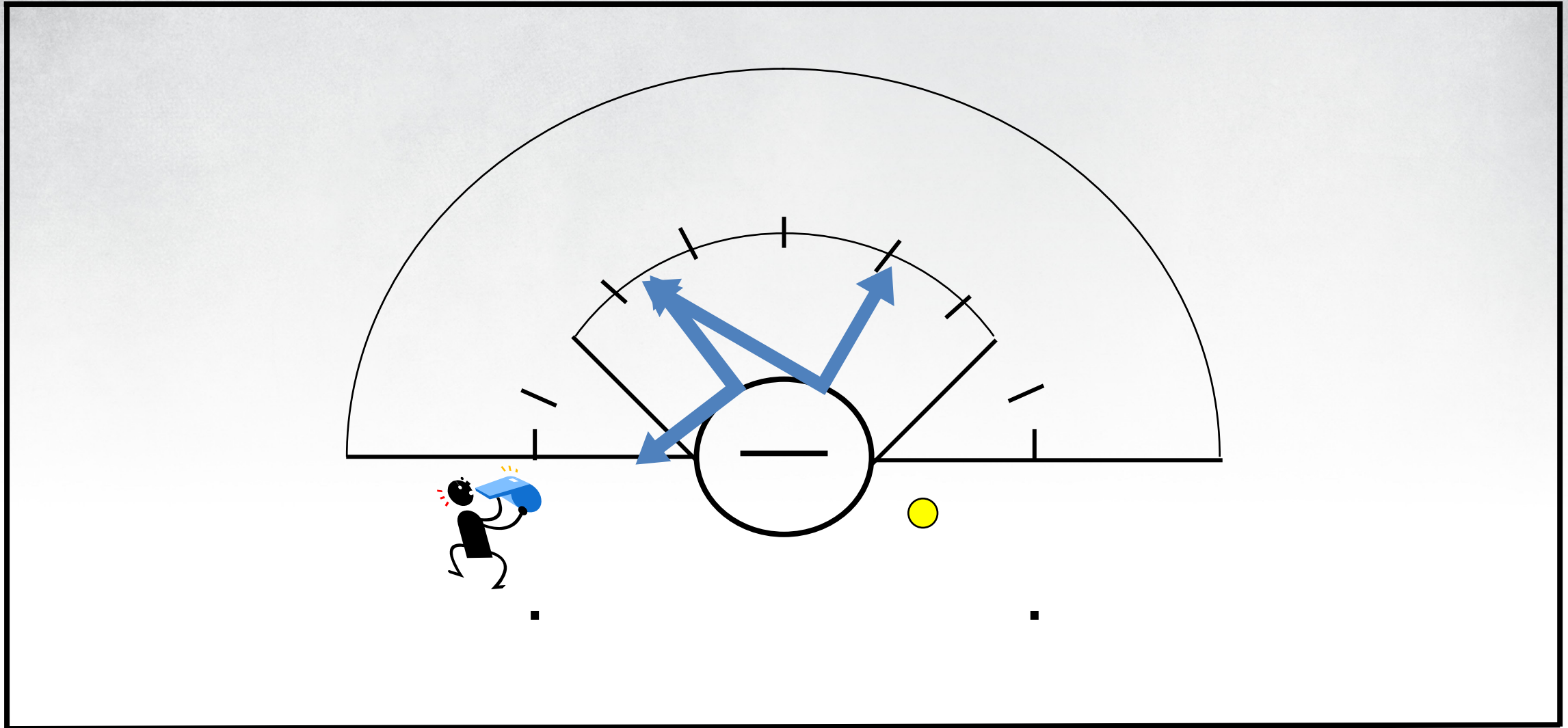


Use the approach that works best for you!

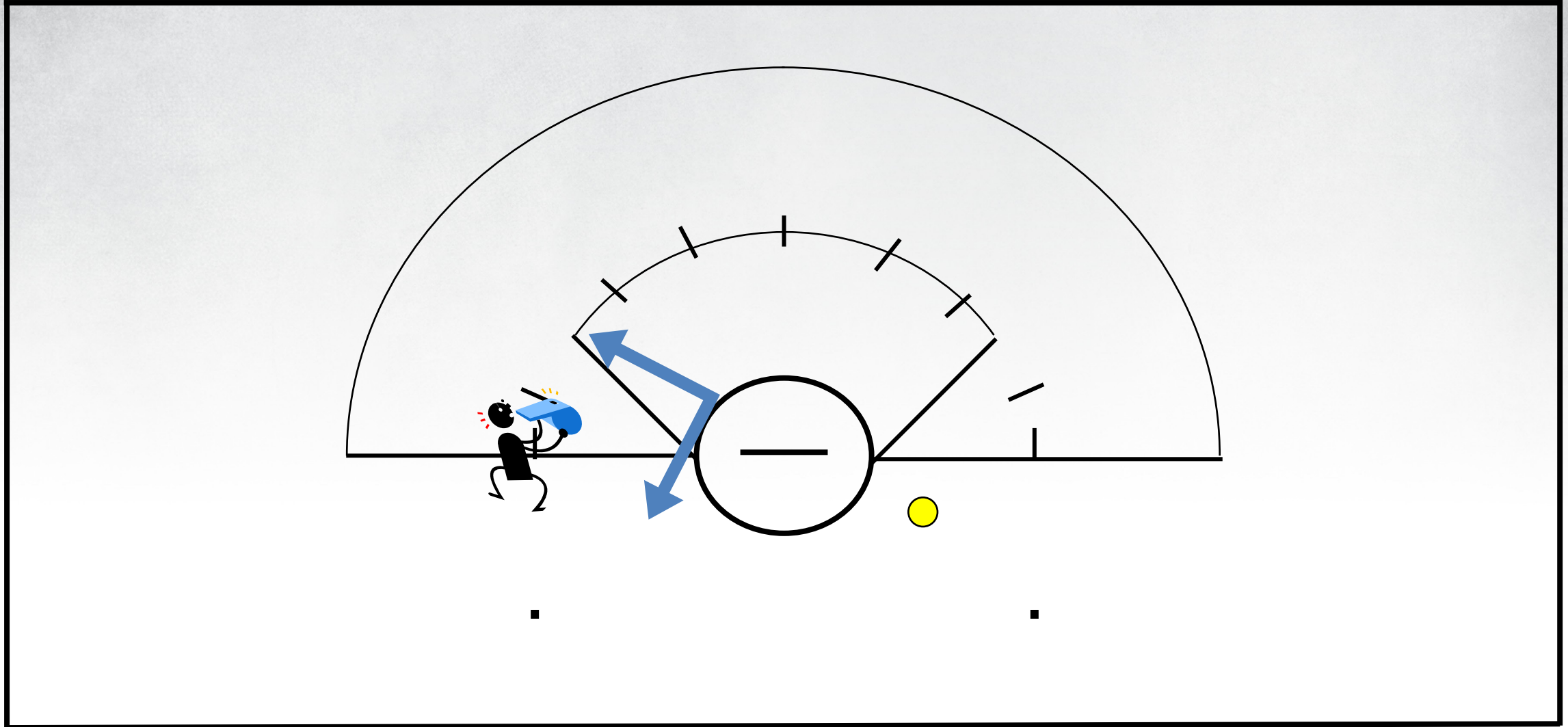
Lead Tangent Positioning



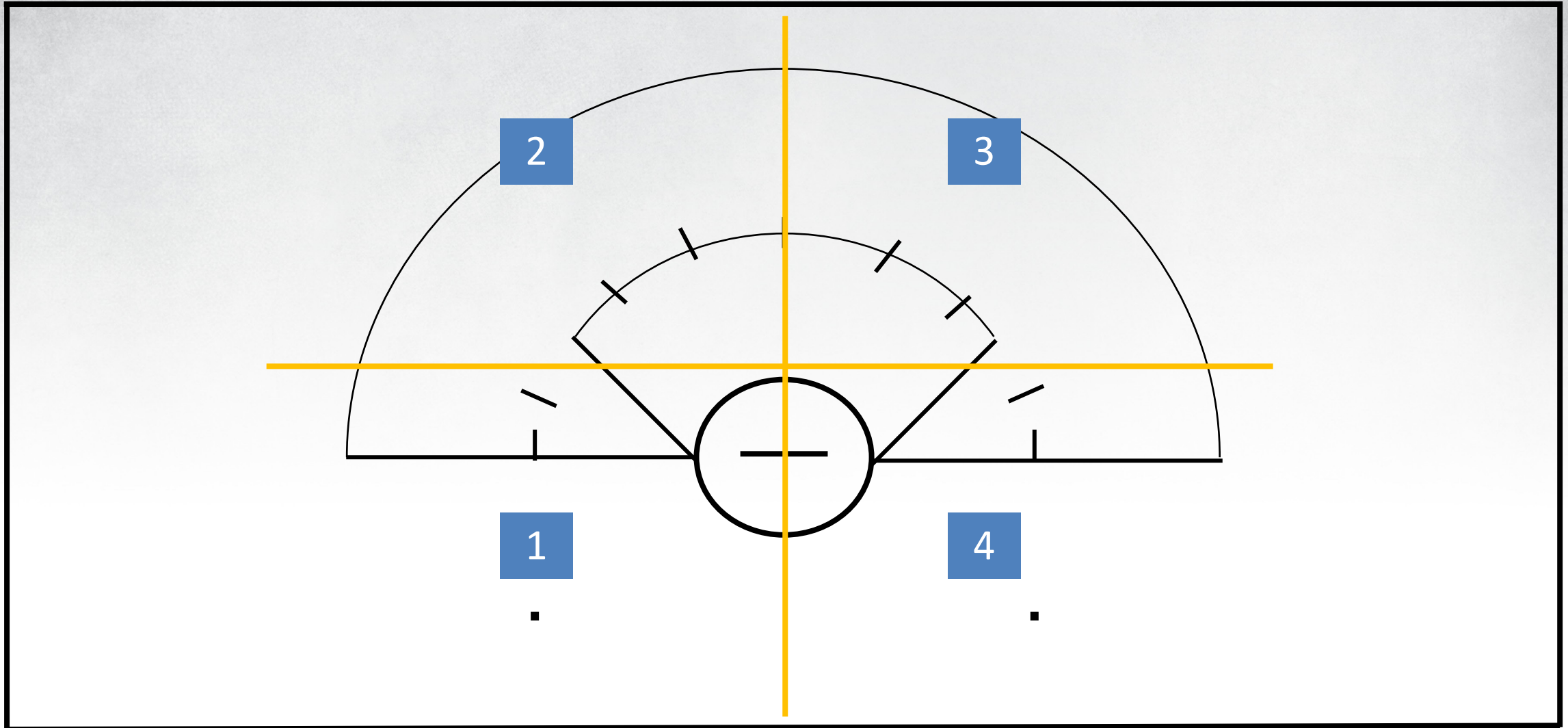
Lead Tangent Positioning



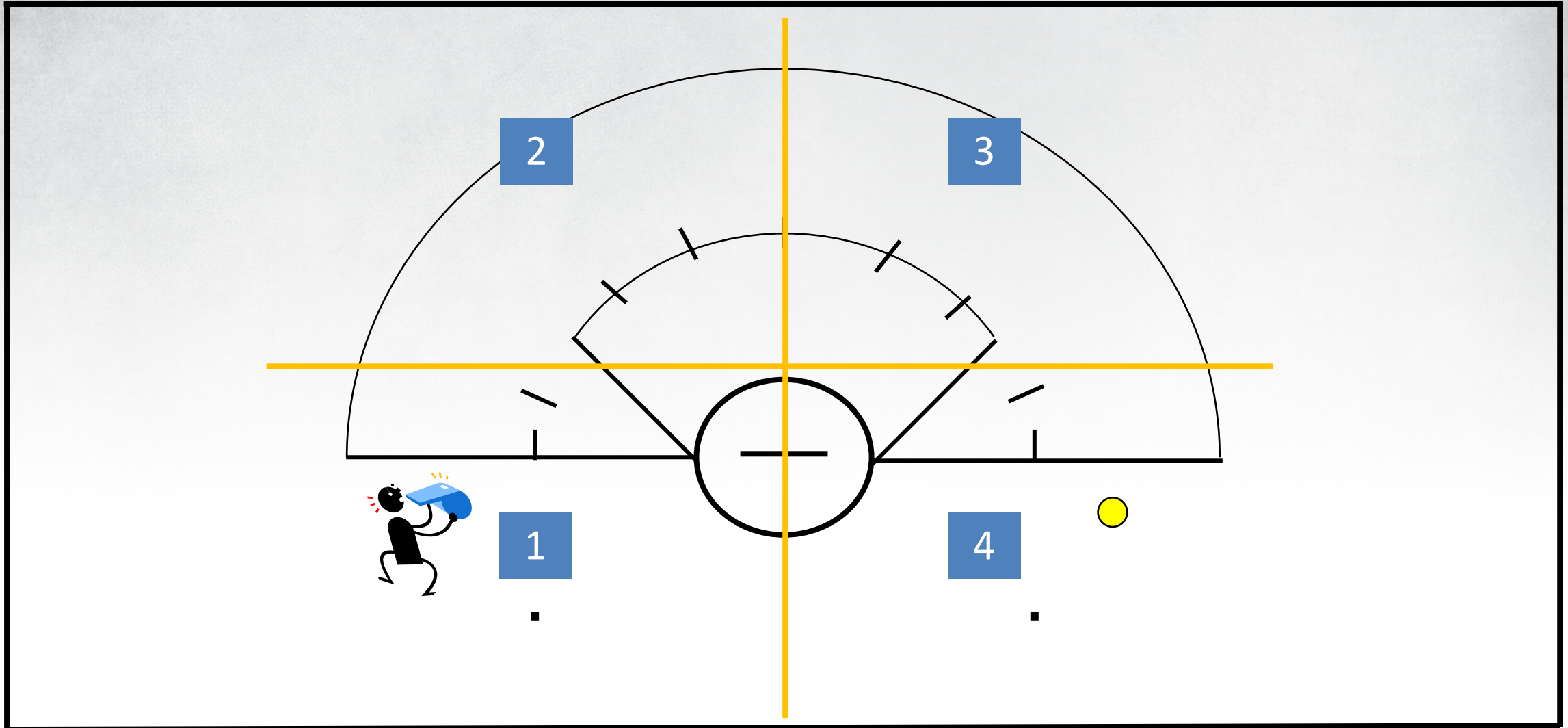
Lead Tangent Positioning



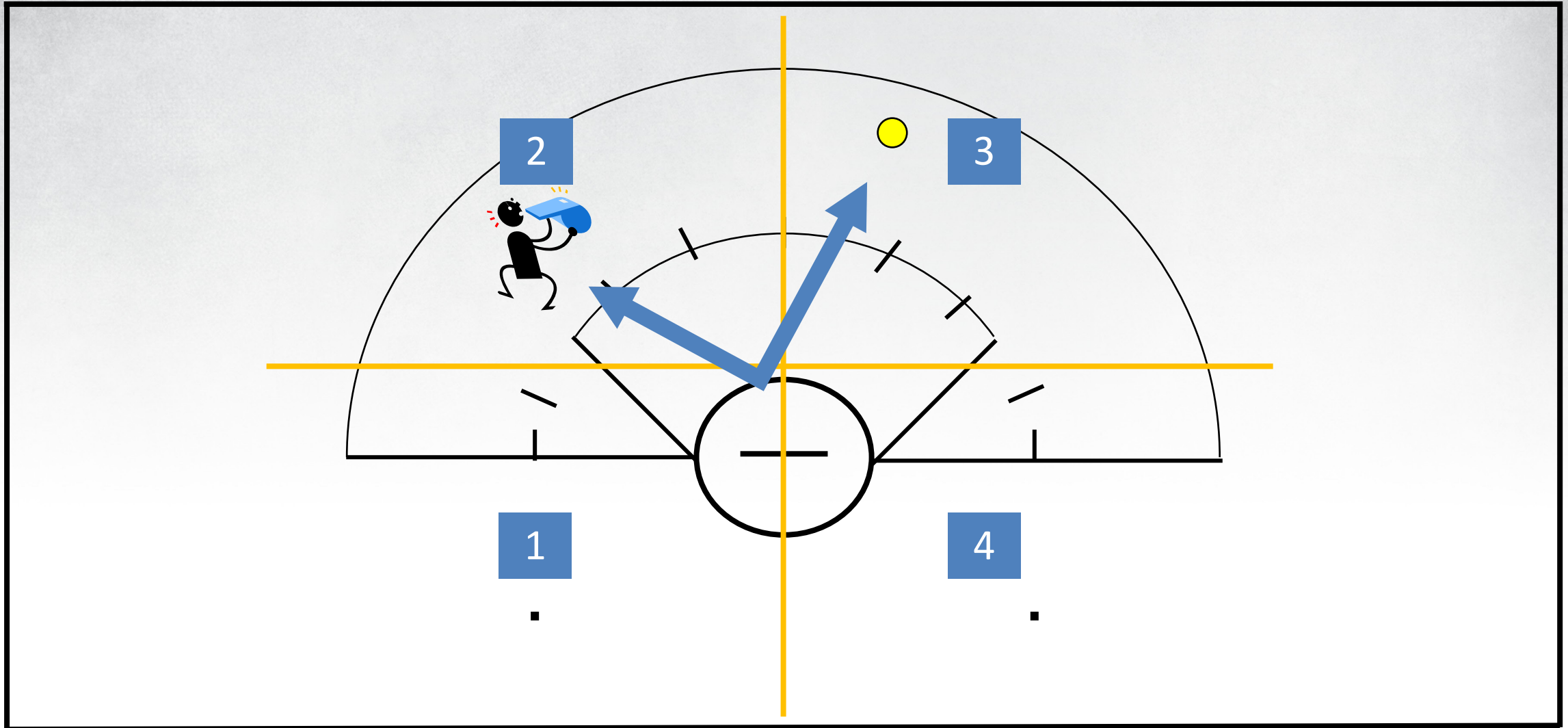
Lead Quadrant Positioning



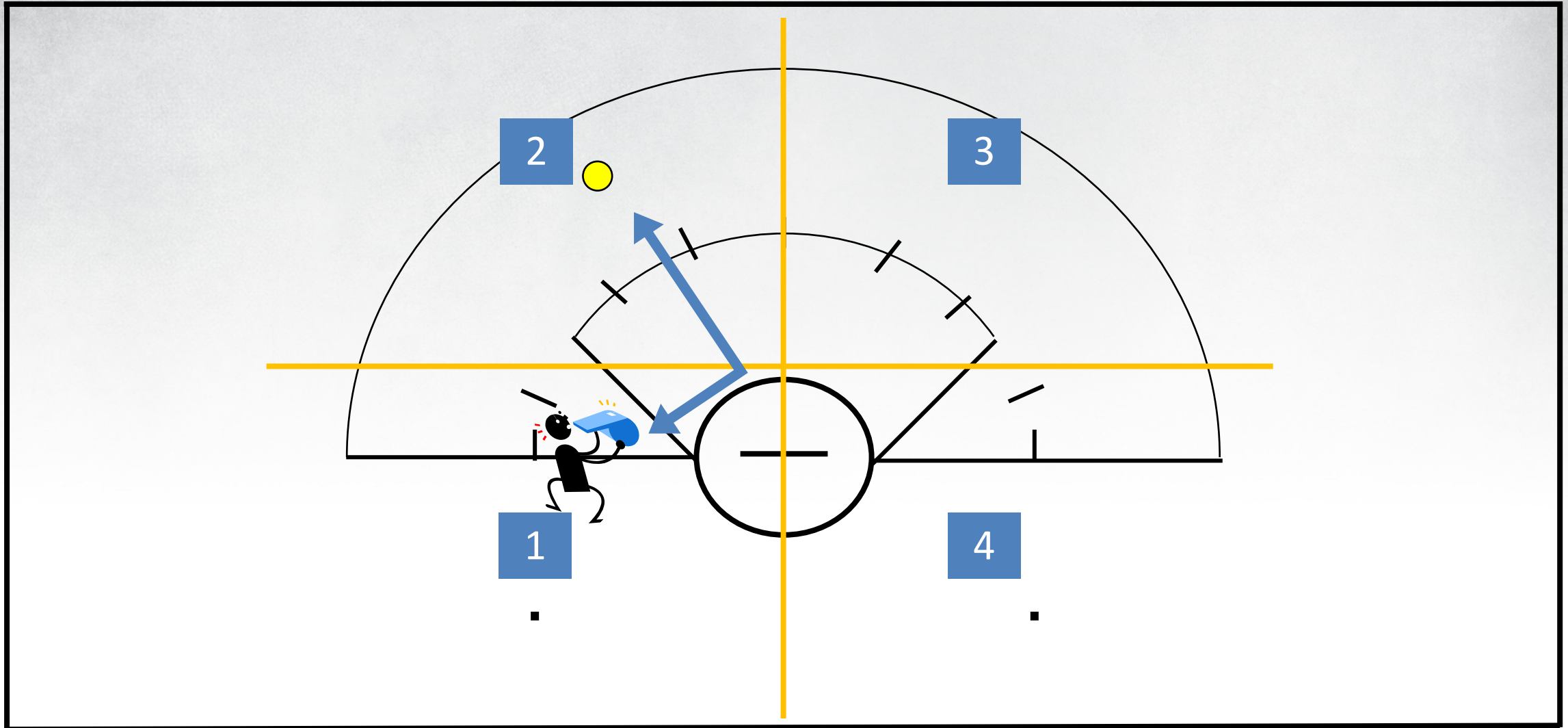
Lead Quadrant Positioning



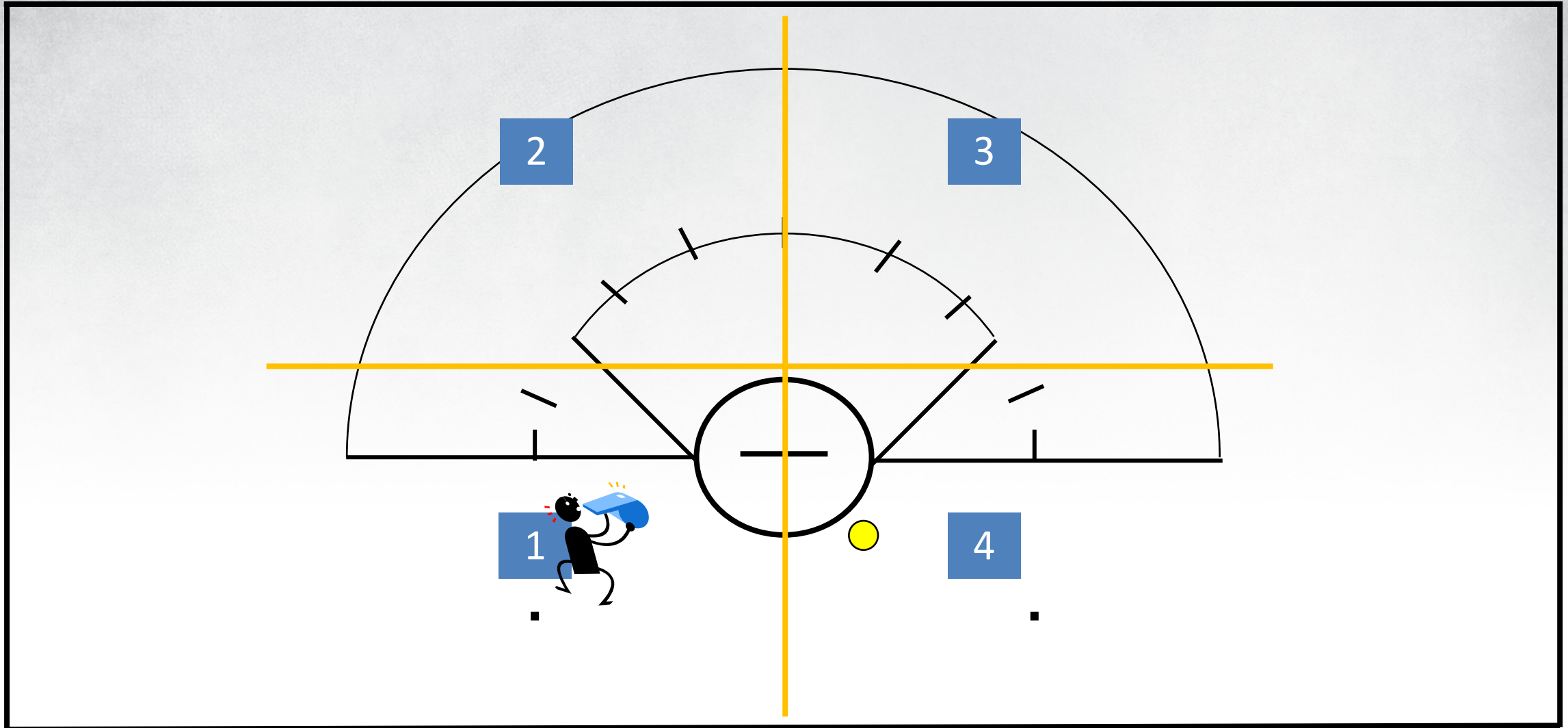
Lead Quadrant Positioning



Lead Quadrant Positioning



Lead Quadrant Positioning



Transition



Trail to Lead

- Stay ahead of and outside of play
- Position your body to keep play and players in your vision
- Maintain a “view” of the action into CSA

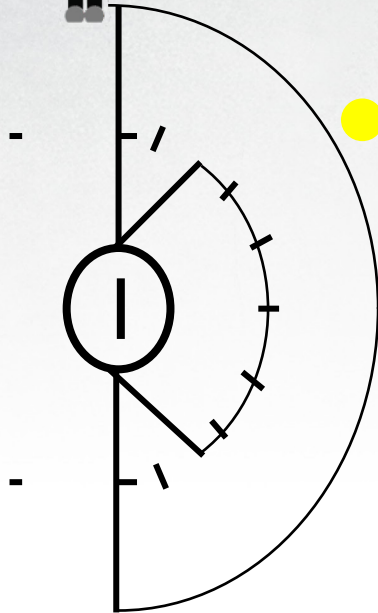


Lead to Trail

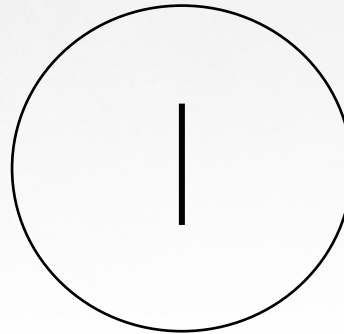
- Count players ahead of you
- Stay up with play, run through restraining line
- Be “ball aware”

Responsibilities In Transition

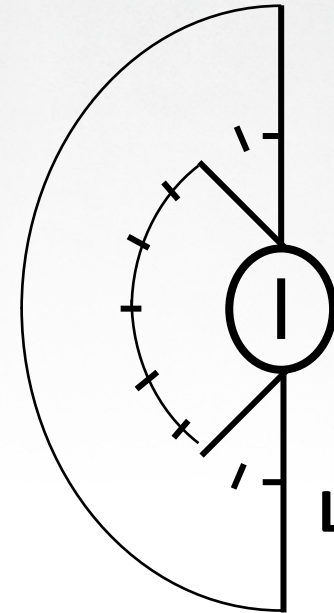
Lead to Trail



Trail to Lead

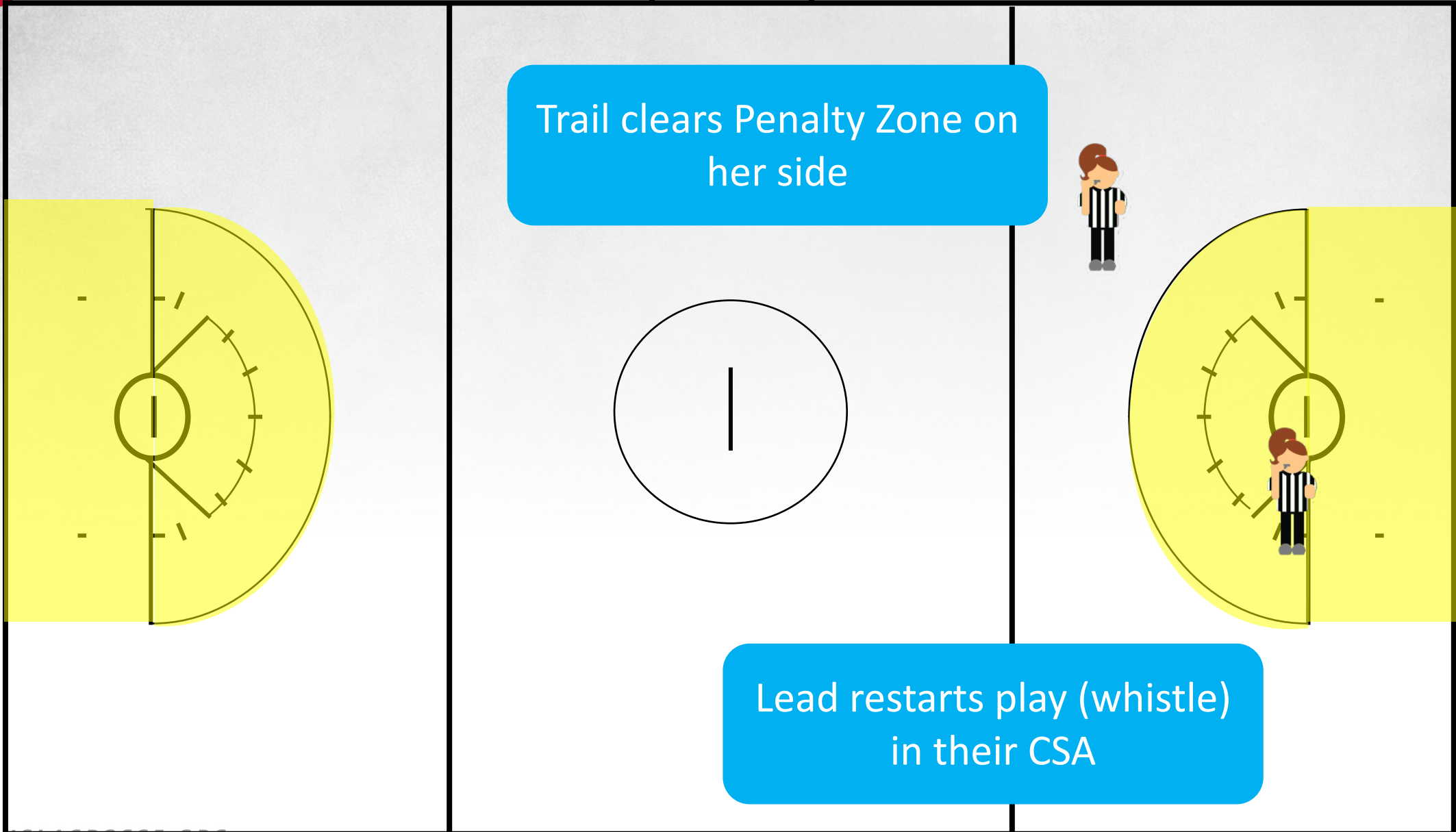


Trail

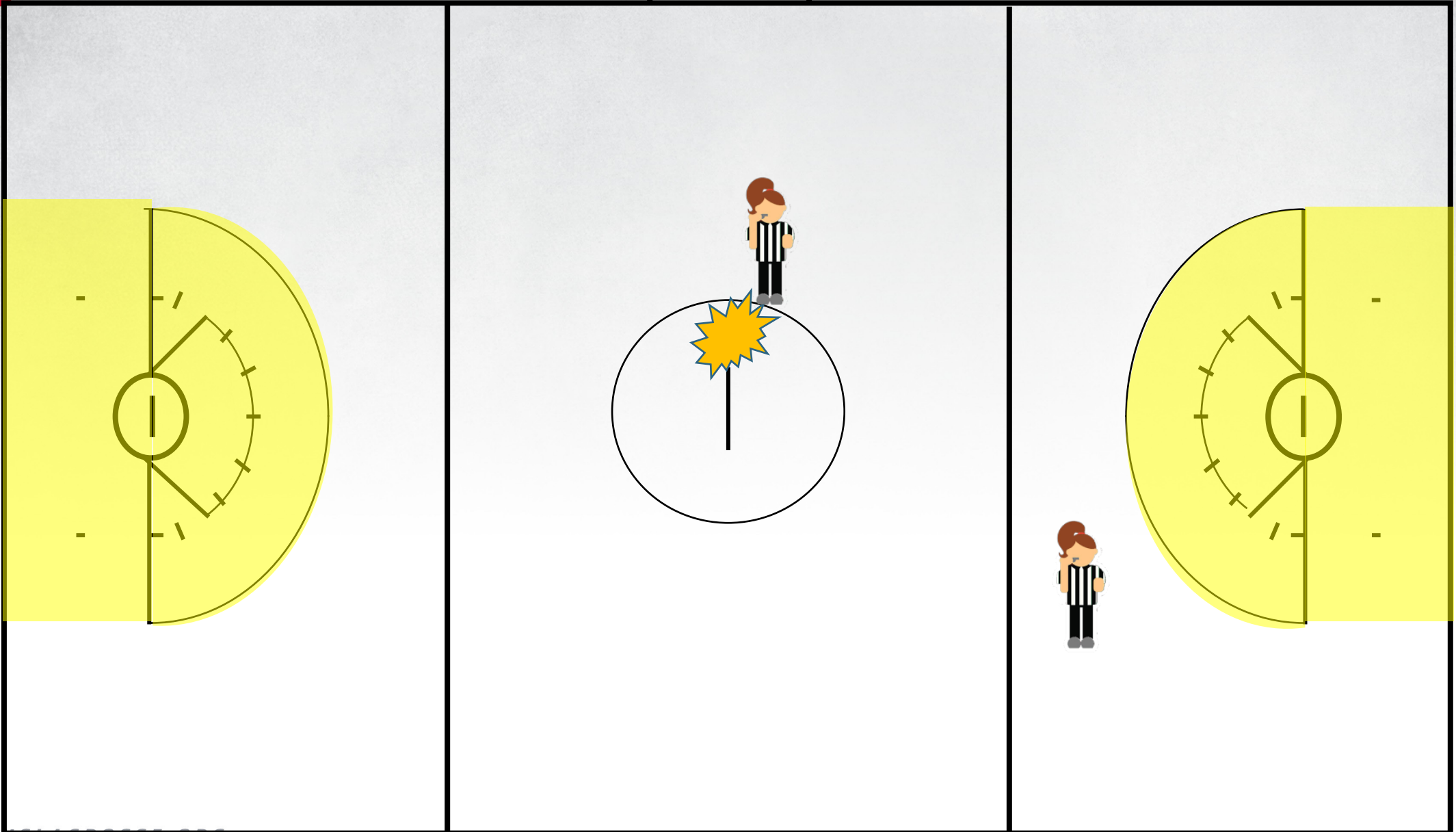


Lead

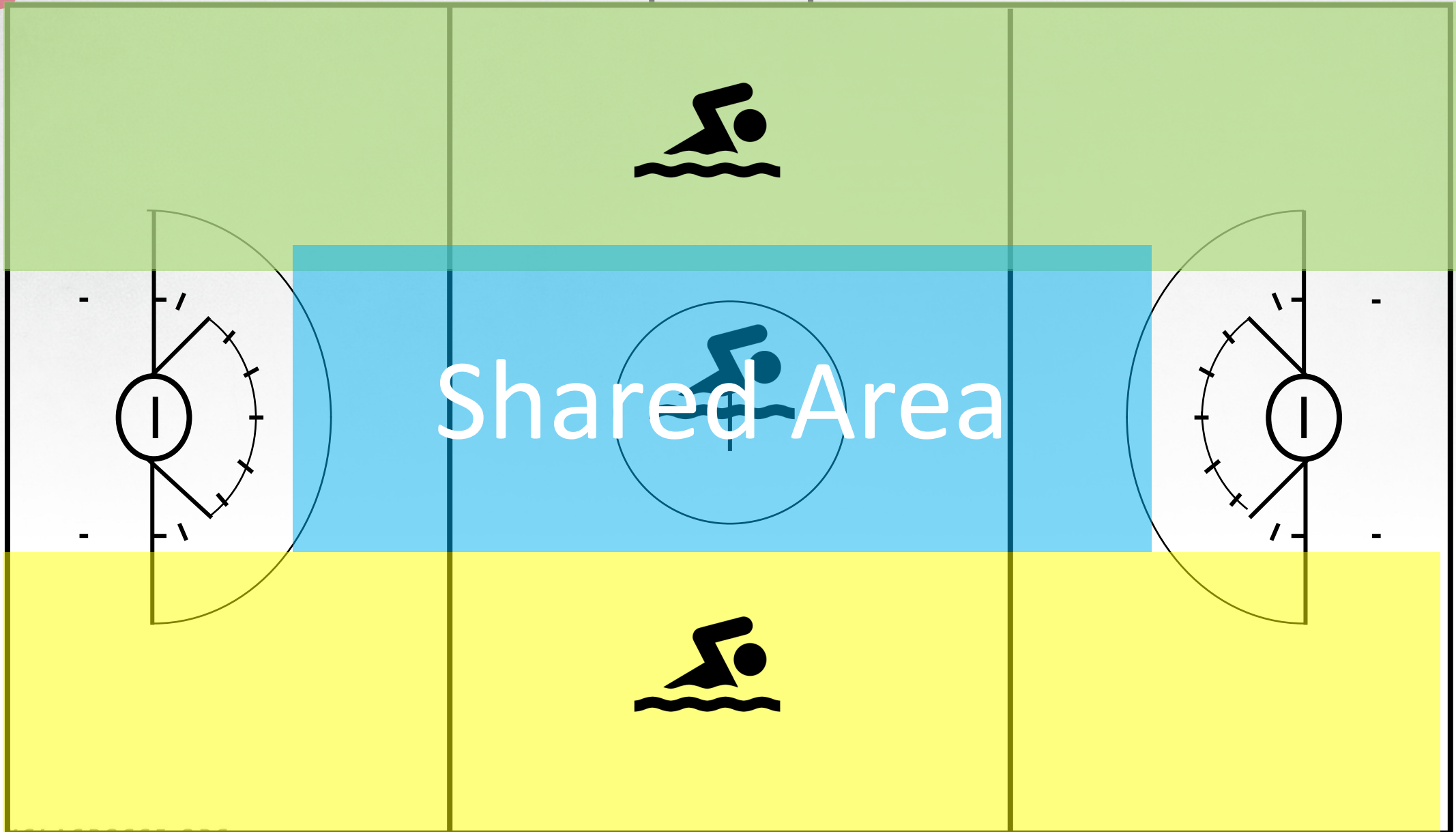
Restart Guidelines



Restart Guidelines




Restart Guidelines



Teamwork and Communication

Girls' Lacrosse Pre-game Checklist

<p><u>Officials' Attire and Equipment</u></p> <ul style="list-style-type: none"> Whistle, yellow flag, cards, NFHS Rule Book, tape measure, pen or pencil, watch, golf ball, coin Black Accessories: hat/visor, jacket, pants, gloves, turtleneck, etc. Be neat/presentable (shirt tucked in, clean uniform, on time, etc.) 	<p><u>Key Rule Changes in 2020</u></p> <ul style="list-style-type: none"> Free Movement: only the player fouled and her offender must restart within playing distance of the foul, and 4m away or behind Any number of players (up to 12 per team) before the draw is legal Closest player may run in without "settling" from a boundary ball A player who self-starts on a whistle restart will be penalized for a false start 																					
<p><u>Walk the Field Together</u></p> <ul style="list-style-type: none"> Note the color of all lines check the nets for holes; ensure the goal is lined up correctly (back of goal posts on back on goal line) check the field for correct markings (pace off 8m Arc and 12m fan) Flags at corners of field and cones defining substitution area Note any hazards on the field (holes, protruding sprinkler heads, etc.) Have a thorough discussion with partner(s) (suggested topics on back) 		<p><u>Table Personnel Discussion</u></p> <ul style="list-style-type: none"> Confirm table personnel are aware of timing responsibilities (provide Timer Responsibility sheet) and scorer is recording all cards Make sure all needed equipment is in place and working Identify site manager, if available, and where they are located Identify trainer/health care provider, if available, and where they are located Confirm that balls to be used for the contest are NOCSAE-certified Identify Alternate Possession indicator. Confirm it is pointing in correct direction after coin toss. 																				
<p><u>Suggested Pregame Protocol</u></p> <table border="1"> <thead> <tr> <th>Real Time</th> <th>Clock Time</th> <th>Activity</th> </tr> </thead> <tbody> <tr> <td>4:20</td> <td>30:00</td> <td>Field Open</td> </tr> <tr> <td>4:45</td> <td>05:00</td> <td>Captains' Meeting</td> </tr> <tr> <td>4:50</td> <td>00:00</td> <td>Clear field/stick checks</td> </tr> <tr> <td>4:55</td> <td>00:00</td> <td>Lineups Announced</td> </tr> <tr> <td>4:57</td> <td>00:00</td> <td>National Anthem</td> </tr> <tr> <td>5:00</td> <td>00:00</td> <td>Opening Draw</td> </tr> </tbody> </table>	Real Time	Clock Time	Activity	4:20	30:00	Field Open	4:45	05:00	Captains' Meeting	4:50	00:00	Clear field/stick checks	4:55	00:00	Lineups Announced	4:57	00:00	National Anthem	5:00	00:00	Opening Draw	<p><u>Coaches' and Captains' Meeting</u></p> <ul style="list-style-type: none"> Introduce self to coaches and players. Ask players to introduce themselves to other team. Coaches must certify that all players are legally equipped, and that equipment is NOCSAE- and ASTM-certified: Goggles ASTM 3077; Headgear ASTM 3137 Identify all lines/boundaries for visiting team. Conduct coin toss. Winning team chooses first Alternate Possession OR end of field they want to defend for first half. Ask if coaches/players have any questions.
Real Time	Clock Time	Activity																				
4:20	30:00	Field Open																				
4:45	05:00	Captains' Meeting																				
4:50	00:00	Clear field/stick checks																				
4:55	00:00	Lineups Announced																				
4:57	00:00	National Anthem																				
5:00	00:00	Opening Draw																				

Establishes:

- ✓ Common understanding
- ✓ Efficient transitions
- ✓ Professional Presence
- ✓ Partner Support

THANK YOU

QUESTIONS?



LAXCON.USLACROSSE.ORG